

Northcote Primary School Menu Week 1



MONDAY

WEDNESDAY

FRIDAY

Italian Day

Homemade pizza with a variety of toppings served with Pasta Pomodoro (tomato pasta) and sweetcorn



TUESDAY

Breaded chicken goujons served on a bed of rice with broccoli and a homemade Katsu curry sauce

Roast Dinner

Choose from fresh fillet of chicken or a Quorn fillet served with roast potatoes, carrots, cabbage, Yorkshire pudding and gravy

THURSDAY Spaghettí Bolognaíse

Fresh minced beef cooked with onions, garlic, tomatoes and herbs, served on a bed of pasta with green beans and garlic bread

Mac & Cheese

Cooked Macaroni pasta mixed with homemade cheese sauce served with garlic bread and broccoli

Chippy Day

Choose from either battered cod fillet, breaded chicken nuggetss or Quorn nuggets baked in the oven

Served with chips, curry sauce and peas or baked

beans



Or

Cheese & Tomato Pasta Bake

Pasta spirals with a homemade tomato sauce baked in the oven with cheese and served with broccoli

Jacket Potatoes are also available daily as a hot alternative

OR

Delí Bar - Avaílable Everyday

Design your own sandwich, first choose your bread - wraps or batch, then choose your filling a selection of the following will be available daily - ham, cheese, tuna or egg and finally finish with a choice of salad - carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers

Dessert

Yogurts and fresh fruit and will be available daily along with:

Flapjack Jelly Iced Sponge Chocolate Cookie Arctic Roll

Drinks

A selection of cordial and water will be available daily



Northcote Primary School Menu Week 2



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|---|--|
| Chilli Nachos Minced beef cooked with onions, red peppers, baked beans and tomatoes in mild spices, served on a bed of rice with tortilla chips and green beans | Sausage & Mash Traditional pork sausages served with homemade mashed potato, peas and gravy | Pasta Bar Homemade Tomato and basil sauce served with pasta spirals, sweetcorn and garlic bread | Creamy Chicken Curry Pieces of fresh chicken cooked with onions, garlic, mild spices and coconut milk, served on a bed of rice with Naan bread and broccoli | Chippy Day Choose from either battered cod fillet or chicken nuggets or Quorn nuggets baked in the oven Served with chips, curry sauce and peas or baked |
| Or | Or | Or | Or | beans |
| Omelette Eggs mixed with milk, seasoned and topped with cheese, baked in the oven and served with rice and green beans | Cheese & Onion Pasty Cheese, potato and onion baked in a pastry case served with mashed potato and peas | Mac & Cheese Cooked Macaroni pasta mixed with a homemade cheese sauce served with garlic bread and sweetcorn | Vegetable Quesadilla Mixed vegetables cooked in spices and served between tortillas and baked in the oven served with rice and broccoli | |

Jacket Potatoes are also available daily as a hot alternative

OR

Deli Bar - Available Everyday

Design your own sandwich, first choose your bread - wraps or batch, then choose your filling a selection of the following will be available daily - ham, cheese, tuna and egg and finally finish with a choice of salad - carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers

| sweetcorn, cotestiw, beetroot and peppers | | | | | |
|---|------------------|-------------------|----------------|---------------------|--|
| Dessert | | | | | |
| Yogurts and fresh fruit will be available daily along with: | | | | | |
| Ice Cream | Chocolate Sponge | Strawberry Mousse | Vanilla Cookie | Cheese and crackers | |
| Drinks | | | | | |
| A selection of cordial and water will be available daily | | | | | |



Northcote Primary School Menu Week 3



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|---|--|
| Pie & Mash Fresh chicken cooked with onions, sweetcorn and gravy, served with homemade mashed potato, peas and gravy | Burger Day Oven baked beef burger or Chicken burgers served in a bun with homemade potato wedges and sweetcorn | Creamy Chicken Pasta Fresh chicken cooked with onions and served in a creamy sauce with pasts spirals with garlic bread and broccoli | Crispy Chicken Wrap A wrap filled with chicken goujons and served with rice, peas and curry sauce | Chippy Day Choose from either battered cod fillet or Chicken nuggets or Quorn nuggets baked in the oven Served with chips, curry |
| Or | Or | Or | Or | sauce and peas or baked |
| Veggie Sausage Rolls Veggie sausage roll served with mashed potato and peas | Veggie Burger & Wedges An oven baked vegetable burger, served in a bun with homemade potato wedges and sweetcorn | Omelette Eggs mixed with milk, seasoned and topped with cheese served with garlic bread and broccoli | Pízza Homemade cheese and tomato pízza served with potato wedges and peas | beans |

Jacket Potatoes are also available daily as a hot alternative

OR

Deli Bar - Available Everyday

Design your own sandwich, first choose your bread - wraps or batch, then choose your filling a selection of the following will be available daily - ham, cheese, tuna or egg and finally finish with a choice of salad - carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers

| Dessert | | | | | |
|---|---------|--------------|------------|--------------|--|
| Yogurts and fresh fruit will be available daily along with: | | | | | |
| Ice Cream | Muffins | Críspy Cakes | Shortbread | Lemon Sponge | |
| Drinks | | | | | |
| A selection of cordial and water will be available daily | | | | | |