



## Long term planning overview



P.E 2024-2025

*Caring, Learning, Growing.*

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
1	<b>Non-competitive games</b>  <u>Playground games:</u> Running	<b>Non-competitive games</b>  <u>Playground games</u> Jumping	<b>Yoga</b>  <b>Gymnastics</b>	<b>Non-competitive games</b>  <u>Fancy Feet:</u> Foot Coordination <b>Dance</b>	<b>Non-competitive games</b>  <u>Playground games</u> Throwing (Underarm) & Catching	<b>Non-competitive games</b>  <u>Playground games</u> Throwing (Overarm) & Catching
2	<b>Competitive games</b>  <u>Playground games:</u> Running  <b>Dance</b>	<b>Competitive games</b>  <u>Playground games</u> Jumping	<b>Yoga</b>  <b>Gymnastics</b>	<b>Competitive games</b>  <u>Fancy Feet</u> Foot Coordination	<b>Competitive games</b>  <u>Playground games</u> Throwing & Catching	<b>Dodgeball</b>  <b>Skoot Skool</b>
3	<b>Sport-specific Skill Practice</b>  <u>Northcote Handball</u>	<b>Sport-specific Skill Practice</b>  <u>Northcote Football</u>	<b>Sport-specific Skill Practice</b>  <u>Northcote Football</u>	<b>Sport-specific Skill Practice</b>  <u>Northcote Netball</u>	<b>Sport-specific Skill Practice</b>  <u>Northcote Strike and Field</u>	<b>Sport-specific Skill Practice</b>  <u>Northcote Strike and Field</u>
	<b>Outdoor and Adventurous</b>  Problem Solving	<b>Gymnastics</b>	<b>Dance</b>	<b>Gymnastics</b>	<b>Revisit skills based on Teacher Assessment</b>	<b>Revisit skills based on Teacher Assessment</b>
4	<b>Sport-specific Skill Practice</b>  <u>Northcote Handball</u>	<b>Sport-specific Skill Practice</b>  <u>Northcote Football</u>	<b>Sport-specific Skill Practice</b>  <u>Northcote Netball</u>	<b>Sport-specific Skill Practice</b>  <u>Northcote Strike and Field</u>	<b>Swimming</b>	<b>Swimming</b>

	<b>Outdoor and Adventurous</b> Problem Solving	<b>Gymnastics</b>	<b>Gymnastics</b>	Revisit skills based on Teacher Assessment	<b>Dance</b>	Revisit skills based on Teacher Assessment
5	<b>Small Sided Games</b> <u>Northcote Handball</u>	<b>Small Sided Games</b> <u>Northcote Football</u>	<b>Swimming</b>	<b>Swimming</b>	<b>Small Sided Games</b> <u>Northcote Netball</u>	<b>Small Sided Games</b> <u>Northcote Strike and Field</u>
	<b>Outdoor and Adventurous</b> Problem Solving	<b>Dance</b>	<b>Gymnastics</b>	<b>Gymnastics</b>	Revisit skills based on Teacher Assessment	Revisit skills based on Teacher Assessment
6	<b>Swimming</b>	<b>Swimming</b>	<b>Small Sided Games</b> <u>Northcote Handball</u>	<b>Small Sided Games</b> <u>Northcote Football</u>	<b>Small Sided Games</b> <u>Northcote Netball</u>	<b>Small Sided Games</b> <u>Northcote Strike and Field</u>
	<b>Outdoor and Adventurous</b> Problem Solving	<b>Gymnastics</b>	<b>Gymnastics</b>	Revisit skills based on Teacher Assessment	Revisit skills based on Teacher Assessment	<b>Dance</b>