



Long term planning overview - P.S.H.E.



2022 to 2023

Caring, Learning, Growing.

	AUTUMN			SPRING / SUMMER					
	Relationships			Living in the wider world			Health and Wellbeing		
	Families and friendships	Safe relationships	Respecting ourselves and others	Belonging to a community	Media literacy and digital resilience	Money and work	Physical health and Mental wellbeing	Growing and changing	Keeping safe
Y2	Making friends; feeling lonely and getting help <i>Friendship Week</i>	Recognising hurtful behaviour; anti-bullying, body language	Recognising things in common and differences; playing and working cooperatively; sharing opinions <i>Staying safe – Bonfire night & Halloween</i>	Belonging to a group; roles and responsibilities; being the same and different in the community	The internet in everyday life; online content and information	What money is; needs and wants; looking after money	Why sleep is important; medicines and keeping healthy; keeping teeth healthy; managing feelings and asking for help Death, dying & bereavement	Growing older; naming body parts; moving class or year PANTS	Safety in different environments; risk and safety at home; emergencies