



Long term planning overview - P.S.H.E.



2022 to 2023

*Caring, Learning, Growing.*

	AUTUMN			SPRING / SUMMER					
	Relationships			Living in the wider world			Health and Wellbeing		
	Families and friendships	Safe relationships	Respecting ourselves and others	Belonging to a community	Media literacy and digital resilience	Money and work	Physical health and Mental wellbeing	Growing and changing	Keeping safe
Y1	Roles of different people; families; feeling cared for  <i>Friendship Week</i>	Recognising privacy; staying safe; seeking permission	How behaviour affects others; being polite and respectful  <i>Staying safe – Bonfire night &amp; Halloween</i>	What rules are; caring for others' needs; looking after the environment	Using the internet and digital devices; communicating online	Strengths and interests; jobs in the community	Keeping healthy; food and exercise, hygiene routines; sun safety  Death, dying & bereavement	Recognising what makes them unique and special; feelings; managing when things go wrong  <b>PANTS</b>	How rules and age restrictions help us; keeping safe online