



Long term planning overview - PE

Caring, Learning, Growing.



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Fundamental skills	Fundamental skills	Fundamental skills	Fundamental skills	Fundamental skills	Fundamental skills
Reception	Fundamental skills	Fundamental skills	Fundamental skills	Fundamental skills	Fundamental skills	Fundamental skills
Year 1	Non-competitive games <u>Playground games</u> Running	Non-competitive games <u>Playground games</u> Jumping	Dance	Non-competitive games <u>Fancy Feet</u> Foot Coordination	Gymnastics (Beth Tweddle)	Non-competitive games <u>Playground games</u> Throwing (Overarm and Underarm) & Catching
Year 2	Competitive games <u>Fancy Feet</u> Foot Coordination	Competitive games <u>Playground games</u> Jumping	Dance	Competitive games <u>Playground games</u> running	Competitive games <u>Playground games</u> Throwing & Catching and Dodgeball	Gymnastics (Beth Tweddle)
Year 3	Sport-specific Skill Practice <u>Northcote Handball</u> Outdoor and Adventurous Problem Solving	Sport-specific Skill Practice <u>Northcote Football</u> Dance	Sport-specific Skill Practice <u>Northcote Netball</u> Gymnastics	Sport-specific Skill Practice <u>Northcote Strike and Field</u> Gymnastics (Beth Tweddle)	Swimming Make-up/Pupil choice	Swimming Make-up/Pupil choice
Year 4	Sport-specific Skill Practice <u>Northcote Handball</u> Outdoor and Adventurous Problem Solving	Sport-specific Skill Practice <u>Northcote Football</u> Gymnastics (Beth Tweddle)	Swimming Gymnastics	Swimming Dance	Sport-specific Skill Practice <u>Northcote Netball</u> <u>Pupil choice</u>	Sport-specific Skill Practice <u>Northcote Strike and Field</u> Pupil choice
Year 5	Swimming Outdoor and Adventurous Problem Solving	Swimming Dance	Small Sided Games <u>Northcote Handball</u> Gymnastics (Beth Tweddle)	Small Sided Games <u>Northcote Football</u> Gymnastics	Small Sided Games <u>Northcote Netball</u> Dance	Small Sided Games <u>Northcote Strike and Field</u> Make-up/Pupil choice
Year 6	Small Sided Games <u>Northcote Handball</u> Outdoor and Adventurous Problem Solving	Small Sided Games <u>Northcote Football</u> Dance	Small Sided Games <u>Northcote Football</u> Gymnastics (Beth Tweddle)	Small Sided Games <u>Northcote Netball</u> Gymnastics	Small Sided Games <u>Northcote Strike and Field</u> Make-up/Pupil choice	Small Sided Games <u>Northcote Strike and Field</u> Make-up/Pupil choice

