



## **Physical Activity & Sports Apprentice Job Description & Person Specification – Level 2**

The LSSP are seeking to appoint enthusiastic & self-motivated Apprentice/s to lead and assist delivery of physical activity opportunities for children in primary and secondary schools.

Working in schools you will champion physical activity, sport and health, will organise and lead safe and enjoyable activities at playtimes, lunchtimes, after school and support teachers to deliver PE lessons using the skills you have developed.

<b>Age</b>	16+
<b>Wage</b>	Between £117- £243 per week, dependant on your age and if in 1 <sup>st</sup> or 2 <sup>nd</sup> year of an apprenticeship. To be agreed upon appointment by the school.
<b>Working Week</b>	52 week contract As determined by school but typically; 35 hrs per week
<b>Apprenticeship Level</b>	Intermediate
<b>Possible start date</b>	TBC
<b>Expected Duration</b>	13 months
<b>Learning Provider</b>	Sporting Futures Training

**Full Vacancy Description:**

- You will be a physical activity role model for children in your school.
- Will support teachers whilst they deliver PE lessons
- Will lead and support physical activities and sport activities in the extra-curricular programme including breakfast clubs, playtimes and after the school day.
- Support the PE School Lead/ Headteacher with day to day management tasks. E.g. administrative, noticeboards, equipment, management of teams at competitions on and off the school site
- Lead and support other physical activity projects (as identified by the school) to encourage more children to be physically active. E.g. delivery of targeted activities, parental engagement projects, developing young people as leaders, developing school to community links, personal challenge activities, organise & deliver playground activities, youth sports forums.
- The role may include working alongside national and local sporting initiatives such as Level 2/3 School Games.
- Provide other support in classroom settings as determined by the school (Eg; Literacy support with small groups, Active Maths)

### **Training Provided:**

LSSP has teamed up with Sporting Futures Training to equip coaches and development workers with the latest place-based approaches and behaviour change insights, as well as helping organisations to more accurately record and report their impact. Through our apprenticeship training we will offer;

- The Level 2 Community Activator Coach qualification which will enable the Apprentice to lead sessions and understand participants which prepare them to work in the physical activity & community sport sector.
- Opportunities to gain National Governing Body Coaching Awards and other accredited qualifications.
- English and Maths – Prior to taking the End Point Assessment (EPA), Apprentices will need to have achieved Level 1 Maths & English and have taken the test for Level 2 Maths & English will be provided.
- **Professional Recognition:** On successful completion of the Standard, all Apprentices will be automatically given **CIMSPA (Chartered Institute for the Management of Sport and Physical Activity) at Associate Membership level.**

**Future Prospects:**

This role would be ideal for someone who either wanted to move into sports coaching/development with children and young people or who wants to work in education. It will provide a basis for teaching assistant roles and as a route towards teacher training or into other physical activity &/or sport careers.

**Things to consider / further information:**

- Reality Check: There will be times when setting up and putting down equipment becomes tiresome, but remember you are part of a team.
- You will not be able to take holidays during term time unless exceptional circumstances.
- Sick pay and benefits are as per your host school.
- You get out of the experience what you are prepared to put in. It offers a valuable life experience to prepare and take you forward into your future path.
- References and a DBS will be required. This will be obtained through the school.

**Personal Qualities;**

- Show a willingness to ‘go the extra mile’.
- Have an enthusiasm to work as a member of a team and also to use your own initiative when leading or planning activities.
- Be adaptable and confident in one’s own ability.
- Be able to build meaningful and appropriate relationships.
- Have a willingness to learn and a desire to contribute to their own continuing professional development.

**Skill Set:**

<b>Personal Qualities</b>	<b>ESSENTIAL</b>	<b>DESIRABLE</b>	<b>Checked at</b>
<ul style="list-style-type: none"> <li>• Be honest, sincere and have the integrity to do the right thing at the right time.</li> </ul>	✓		I*
<ul style="list-style-type: none"> <li>• Have a positive attitude to work, be approachable and model an active lifestyle.</li> </ul>	✓		A & I*
<ul style="list-style-type: none"> <li>• Have a concern for children’s welfare and wellbeing.</li> </ul>	✓		I*
<ul style="list-style-type: none"> <li>• Show a willingness to ‘go the extra mile’.</li> </ul>	✓		A & I*

<ul style="list-style-type: none"> <li>● Have an enthusiasm to work as a member of a team and also to use his or her own initiative when leading or planning activities.</li> <li>● Be adaptable and confident in one's own ability.</li> <li>● Be able to build meaningful and appropriate relationships.</li> <li>● Have a willingness to learn and a desire to contribute to their own continuing professional development</li> </ul>	✓		A & I*
	✓		A, I & R*
	✓		A, I & R*
	✓		
<b>Qualifications</b> <ul style="list-style-type: none"> <li>● Grade 3-9 (A*- E) in GCSE Maths and English</li> <li>● Level 2 qualifications in sport/ PE/ activity leadership or equivalent</li> <li>● National Governing Body Level 1 or/ &amp; 2 Qualification(s)</li> <li>● Sports Leaders UK Leadership qualification (s)</li> </ul>		✓	A *
		✓	A *
		✓	A *
		✓	A*
		✓	
<b>Knowledge and Experience</b> <ul style="list-style-type: none"> <li>● Interest in school sport &amp; PE</li> <li>● Experience of supporting/ delivering sporting activities in a voluntary capacity (either in school or in the community)</li> <li>● Experience of working with children</li> </ul>	✓		A, I & R*
	✓		A, I & R*
		✓	A, I & R*
<b>Miscellaneous</b> <ul style="list-style-type: none"> <li>● Have own transport</li> <li>● Willingness to travel within the city</li> </ul>		✓	A*
	✓		A & I*

\*A = Application, I= Interview, R = References

**By the end of the apprenticeship, the Physical Activity Apprentice will be able apply this knowledge in work environments and be able to demonstrate the following skills:**

- Planning and adapting sessions and activities that respond to customer feedback and encourage customers to develop a lifelong activity habit.
- Coaching or leading pre-planned sport or physical activity sessions that are attractive to the target audience(s) and develop motivational relationships with customers.
- Promoting a physical activity offer, (including but not exclusively) organised play and sport in the community which supports individuals on their behaviour change journey.

- Working collaboratively with sports clubs and other community assets – including volunteers, public services, youth workers, the police and community champions.
- Supporting customers to co-produce rewarding volunteering opportunities.
- Supporting families to participate together in sport and physical activity.
- Working effectively with customer insight to overcome individual, community and societal barriers to participation in physical activity and sport.
- Contributing to the employer’s design of activities and services and practising the employer’s organisation’s values, policies and procedures.
- Contributing to teams that deliver community events and festivals.
- Supporting organisations to evaluate, develop and promote sessions and other opportunities such as outdoor group exercise and informal social play.
- Maintaining personal safety and wellbeing, as well as that of customers.
- Managing disruptive behaviours from individuals within the group setting.
- Encouraging customers to be regularly active – both formally and informally – within sports clubs or leisure facilities including open-space.
- Effectively using social media and technology, appropriately, to deliver targeted messages to identified customer groups for example children, teenagers, adults and older adults.
- Effectively monitor and evaluate activities, sessions and projects using technology platforms to maintain accurate records and produce timely reports.