

SAFER MESSAGES Y5

P.S.H.E. objectives are to be taught through the subjects below.

Each term has a whole school theme.

Autumn	HEALTH & WELLBEING
Spring	RELATIONSHIPS
Summer	LIVING IN THE WIDER WORLD

This is a working document and plans may change depending on themed weeks or key events over the year.

P.S.H.E. Long Term Plan AUTUMN TERM

Year 5						
Autumn 1 HEALTH & WELLBEING						
Safeguarding	P4C	R.E.	P.E.	S.M.S.C. / Programmes of Study	Food	I.C.T
eSafety Awareness Raising	Link to curriculum (e.g. What makes	What makes a good leader?	Swimming	Feeling and emotions: recognising and responding to others' feelings; keeping		Cars (create a 2 player game)

Communicating On-line and images, Social Networking, Sexting, images and grooming (What are you sharing)	a poor leader?)		Outdoor and Adventurous Problem Solving	a confidence or a secret; recognising and managing dares		
Autumn 2 HEALTH & WELLBEING						
Safeguarding	P4C	R.E.	P.E.	S.M.S.C. / Programmes of Study	Food	I.C.T
Gaming and collaboration	Link to curriculum	Why are holy books important?	Swimming Dance	Healthy lifestyles: What influences our choices about health and wellbeing	Celebrating Culture & Seasonality	Website Designers (create a website)

Year 5							
Spring 1 RELATIONSHIPS							
Safeguarding	P4C	R.E.	P.E.	S.M.S.C. / Programmes of Study	Food	I.C.T.	R.S.E.
Internet Safety Week	Link to curriculum –	What do you understand by 'Place of	Small Sided Games	Keeping safe: keeping physically and emotionally safe on-		Newsroom (create and record own	Talking About Puberty

Cyber Bullying & Report Abuse	1)Deforestation 2)gender: 'William's Doll - book	worship?'	Northcote Handball Gymnastics	and offline; risk assessment and management; independence and responsibility; pressure on behaviour: peer and media; managing emergencies; habits: alcohol, tobacco and drugs		news report)	Male and Female Changes Puberty and Hygiene
Spring 2 RELATIONSHIPS							
Safeguarding	P4C	R.E.	P.E.	S.M.S.C. / Programmes of Study	Food	I.C.T.	R.S.E.
Friend or Foe on line Copy Right, what is it?	Link to curriculum	Why are festivals so important?	Small Sided Games Northcote Football Gymnastics	Valuing difference: Challenging stereotypes; different types of relationships; maintaining relationships; respecting similarities and differences; bullying, discrimination and prejudice		Interactive Art Exhibition (introduction to Augmented Reality (AR)	

Year 5

Summer 1 LIVING IN THE WIDER WORLD						
Safeguarding	P4C	R.E.	P.E.	S.M.S.C.	Food	I.C.T.
Passwords & Security (Virus, downloads, pop ups and scams)	Link to curriculum	What can we learn from Anne Frank?	Small Sided Games Northcote Netball Make-up/Pupil choice	Rights and responsibilities: topical issues concerning health and wellbeing; rules and laws; the precedence of human rights over other laws, practices and traditions; consequences of anti-social behaviours; rights, responsibilities and duties; resolving difference, making decisions and choices; the range of religious and ethnic identities in the UK; how the media present information		Codebreakers (Introduction to the fundamental language of computers – binary code)
Summer 2 LIVING IN THE WIDER WORLD						
Safeguarding	P4C	R.E.	P.E.	S.M.S.C.	Food	I.C.T.
In App Purchases & Mobiles (iPads,	Link to curriculum	How does what people believe affect their	Small Sided Games	Money matters: finance; earning money and		Let's Change the World – Inventors

Phones etc) Death, dying & bereavement		behaviour?	Northcote Strike and Field Make-up/Pupil choice	deductions; enterprise		(Create and film own animated sequence)
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