

Raita

Ingredients

250g Greek yoghurt
1 tsp garlic
1 tsp ginger paste
Handful chopped coriander
Handful chopped mint
1 lime (juiced)
½ tsp garam masala
¼ cucumber

Equipment

Knives
Chopping boards
Measuring spoons
Weighing scales

Method

1. Measure all the ingredients out. Chop the herbs into tiny pieces - using scissors can be easier than a knife!
2. Dice the cucumber into small pieces and squeeze the juice of the lime.
3. Mix all the ingredients together so they are fully incorporated.
4. Enjoy with some poppadum's alongside a lovely curry!