

## Long term planning overview - PE

|                  | Autumn 1   | Autumn 2  | Spring 1  | Spring 2   | Summer 1  | Summer 2   |
|------------------|--|---|---|--|---|--|
| <b>Nursery</b>   | Fundamental skills   | Fundamental skills  | Fundamental skills  | Fundamental skills   | Fundamental skills  | Fundamental skills   |
| <b>Reception</b> | Fundamental skills   | Fundamental skills  | Fundamental skills  | Fundamental skills   | Fundamental skills  | Fundamental skills   |
| <b>Year 1</b>    | Non-competitive games<br><u>Playground games</u><br>Running  | Non-competitive games<br><u>Playground games</u><br>Jumping             | Dance   | Non-competitive games<br><u>Fancy Feet</u><br>Foot Coordination                      | Non-competitive games<br><u>Playground games</u><br>Throwing (Underarm) & Catching    | Non-competitive games<br><u>Playground games</u><br>Throwing (Overarm) & Catching              |
| <b>Year 2</b>    | Competitive games<br><u>Playground games</u><br>Running  | Competitive games<br><u>Playground games</u><br>Jumping                 | Dance   | Competitive games<br><u>Fancy Feet</u><br>Foot Coordination                          | Competitive games<br><u>Playground games</u><br>Throwing & Catching                   | Dodgeball  |
| <b>Year 3</b>    | Sport-specific Skill Practice<br><u>Northcote Handball</u><br><br>Outdoor and Adventurous<br>Problem Solving | Sport-specific Skill Practice<br><u>Northcote Football</u><br><br>Dance | Sport-specific Skill Practice<br><u>Northcote Netball</u><br><br>Gymnastics | Sport-specific Skill Practice<br><u>Northcote Strike and Field</u><br><br>Gymnastics | Swimming<br><br>Make-up/Pupil choice  | Swimming<br><br>Make-up/Pupil choice   |
| <b>Year 4</b>    | Sport-specific Skill Practice<br><u>Northcote Handball</u><br><br>Outdoor and Adventurous<br>Problem Solving | Sport-specific Skill Practice<br><u>Northcote Football</u><br><br>Dance | Swimming<br><br>Gymnastics  | Swimming<br><br>Gymnastics   | Sport-specific Skill Practice<br><u>Northcote Netball</u><br><br>Make-up/Pupil choice | Sport-specific Skill Practice<br><u>Northcote Strike and Field</u><br><br>Make-up/Pupil choice |
| <b>Year 5</b>    | Swimming<br><br>Outdoor and Adventurous<br>Problem Solving   | Swimming<br><br>Dance   | Small Sided Games<br><u>Northcote Handball</u><br><br>Gymnastics            | Small Sided Games<br><u>Northcote Football</u><br><br>Gymnastics                     | Small Sided Games<br><u>Northcote Netball</u><br><br>Make-up/Pupil choice             | Small Sided Games<br><u>Northcote Strike and Field</u><br><br>Make-up/Pupil choice             |
| <b>Year 6</b>    | Small Sided Games<br><u>Northcote Handball</u><br><br>Outdoor and Adventurous<br>Problem Solving             | Small Sided Games<br><u>Northcote Football</u><br><br>Dance             | Small Sided Games<br><u>Northcote Football</u><br><br>Gymnastics            | Small Sided Games<br><u>Northcote Netball</u><br><br>Gymnastics                      | Small Sided Games<br><u>Northcote Strike and Field</u><br><br>Make-up/Pupil choice    | Small Sided Games<br><u>Northcote Strike and Field</u><br><br>Make-up/Pupil choice             |