



Long term planning overview

P.E 2025-2026



Caring, Learning, Growing.

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Introduction to PE (Unit 1)	Fundamentals (Unit 1)	Gymnastics (Unit 1)	Dance (Unit 1)	Games (Unit 1)	Ball Skills (Unit 1)
Reception	Introduction to PE (Unit 2)	Fundamentals (Unit 2)	Gymnastics (Unit 2)	Dance (Unit 2)	Games (Unit 1)	Ball Skills (Unit 1)
1	Fundamentals Ball Skills	Target Games Sending and Receiving	Gymnastics Invasion Games	Gymnastics Athletics	Dance Striking and Fielding Games	Dance Net and Wall games
2	Fundamentals Ball Skills	Target Games Sending and Receiving	Gymnastics Invasion Games	Gymnastics Athletics	Dance Striking and Fielding Games	Dance Net and Wall games
3	Ball Skills Gymnastics	Dodgeball Gymnastics	OAA Handball	Fundamentals Dance	Athletics Rounders	Football Tennis
4	Gymnastics Dodgeball	Gymnastics Handball	Dance OAA (UKMS)	Football Rounders	Swimming Athletics	Swimming Tennis

5	Dance Football	OAA (UKMS) Dodgeball	Swimming Basketball	Swimming Rounders	Gymnastics Tennis	Gymnastics Athletics
6	Swimming OAA(UKMS)	Swimming Dance	Basketball Football	Rounders Dodgeball	Gymnastics Tennis	Gymnastics Athletics

Monday Mornings: UK Military School

Wednesday Afternoons: LSSP: Dance

Mondays: Everton in the Community- P.E delivery staff support & development

Thursday Afternoons: Beth Tweddle Gymnastics

Swimming Sessions @ Alsop: 2.30-3.00 On Tuesdays and Wednesdays